When did you discover that you are strong?

More than 700 adults and children in 50 countries were asked this question. They drew pictures, told and wrote stories about an important experience of strength in their lives.

The analysis revealed interesting similarities and typical story patterns that could be found in different parts of the world. Some of these prototypical stories were turned into Strong Stories for Strong Children, designed to promote the resilience in children. Learn more about these stories and see to what extent authentic stories can or cannot serve children as a key to their own strength.